

TRAINING CONTRACT for Psychodrama Australia

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TRAINING CONTRACT

PURPOSE OF THE TRAINING

The purpose of psychodrama training is to build your capacities in assisting groups and individuals to develop their spontaneity, including adequacy, vitality, flexibility, originality and creativity, as they deal with complex challenges and everyday situations.

AANZPA's vision for training is 'able men and women expressing themselves relevantly in the ordinary here and now situations which they live and work in. This expression may be in silence, in building, in planning, in negotiating, in teaching or in play, but it will be a responsive and creative expression, an expression that brings joy to the human spirit, that uplifts the soul, that makes us feel part of the universe again.'

INSTITUTE OBLIGATIONS

As a training institute Psychodrama Australia agrees to:

- Provide a training program that accords with the standards of AANZPA Inc, detailed in its Training and Standards Manual and curriculum; and with the AANZPA code of ethics.
- Provide training and supervision by suitably qualified and accredited trainers.
- Provide trainees with reasonable access to staff.
- Respond to queries, concerns and complaints from trainees in a sensitive and timely manner.
- Maintain the confidentiality of trainees, except when a duty of care or legal requirements overrule that duty of care as in the code of ethics, or when you give permission for information to be passed on to a third party. Trainees' progress will be discussed at trainers' meetings within the institute.
- When it becomes apparent that the trainee is experiencing some difficulty related to the training program, refer trainees to suitable personal development or supervision.
- Establish and maintain records of training and supervision hours and of the assessments specified in the Training and Standards Manual.
- Provide trainees with access to information regarding policies and procedures.
- Have a documented grievance procedure and disputes resolution process.

TRAINEE OBLIGATIONS

As a trainee you are asked to agree to:

- Commit yourself to taking part in training sessions and to engage in writing assignments.
- Communicate clearly with the trainer and the training group about absences, both single occasions and more extended.
- Be familiar with, and abide by, the spirit and content of the AANZPA Code of Ethics.
- Respect the confidentiality of your training colleagues during and after each training event, by not discussing any personal information pertaining to any group member with anyone who is not a member of the group.
- Inform Psychodrama Australia of matters that may affect the training or the

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institute. These include criminal convictions, mental health or addiction concerns, or any other matter that may affect training.

- Seek assistance when obstacles are encountered.
- Seek regular supervision for applications of the method in your work.
- Not advertise as, nor imply that you are, a Psychodramatist, Sociometrist, Sociodramatist or Role Trainer prior to certification. Specific statements of the level of training may be made to prospective employers and such.

As a trainee you are asked to show you understand and accept that:

- The training is experiential and will involve a range of learning opportunities, including the direct application of various forms of the psychodramatic method and group work. These activities will at times elicit strong responses and challenge your abilities and your attitudes towards others and yourself. You understand that this aspect of the work is necessary and central to this training and you will need to explore these responses as learning opportunities. While the training staff anticipate you will participate in all activities, participation in all aspects of the training group is voluntary, and you may object and refuse to participate in any particular activity. If you become aware that you may encounter some difficulty in participating in particular learning experiences or activities, you will endeavour to bring this to the trainer's attention.
- You are responsible for your own self-care including your physical and mental health.
- You are responsible for your conduct in relating to other trainees, and may consult with the training group and with trainers if interpersonal problems with group members arise.
- Significant personal development is essential and integral to the training and from time to time may require additional assistance. Consultation with a trainer will be helpful in creating a workable plan for further work, which could include counselling, personal work, education or travel.
- When continuing training beyond approximately 100 hours/or the equivalent of a first year of training, you will apply to become an associate member of AANZPA.