



Perth Campus

Psychodrama Training Course – 2024
8/1/2024

2024 Full-Year Psychodrama Core Learning– Perth Campus

Overview

Psychodrama is a general term that includes the philosophy, theory, and methods of Dr JL Moreno (1898-1974). Training in psychodrama, which is also referred to as action methods, is conducted in groups in which participants develop group-work leadership and the value of personal and professional development in a supportive group setting.

The psychodrama method is one that calls for expression of our self through both mind and body. It can be the means to awaken abilities and energies, to bring into our consciousness a greater sense of who we are and of the unique purpose which each of us has in being on this planet, and to assist us to make a working whole. It invites us to leave the conserved and stultified patterns by which we have imprisoned ourselves, and to enter once more into a free situation. We are invited to create through drama the situations that we have always dreamed of, and, through the release of spontaneity in role play, to develop abilities that have a practical application in life itself.

AANZPA Training and Standards Manual 2020

This full-year training course covers the key aspects that are the basis of psychodrama methods. The training is a commitment to your development, often enlivening, and at times facing the challenge of self presentation, stepping forward to build reciprocal relationships and working and walking with each other.

The course will provide opportunities to develop creative responses to your life challenges and relationships, and to develop spontaneity and new responses to change stuck patterns, enliven your life and tackle new situations in an adequate way. The training covers significant personal development in parallel with professional development and application.

Training will enable integration of the theory and practice of the psychodramatic method into your professional practice. These include knowledge and skills in psychodrama, sociodrama, sociometry, role training and group work. Each participant brings to the training group a wide range of prior educational and life experiences. We gain from each other as we proceed throughout the course.

Who is the Course for?

This full-year course is designed for people who work with people. This may be as counsellors, coaches, organisational consultants, team leaders, community group leaders, managers, teachers, therapists or health professionals. Psychodrama training is a post-graduate course and is open to those with a degree, diploma, or equivalence in a relevant field.

We welcome interested newcomers and ask you to have an initial interview with the trainer of the Campus.

The Learning Process

Training is taught through supervised experiential learning processes, supported by reading and written assignments, supervised practice in action, shared learning, and group interaction. The experiential nature and reflective practice of the training will develop your thinking, appropriate new professional-practice approaches, and expand your creative responses in personal expression and relationships.

Training Standards.

This training is designed in accordance with the Training & Standards Manual as set out by Australian & Aotearoa New Zealand Psychodrama Association Inc. (AANZPA Inc.) Board of Examiners. Training hours are accredited with Psychodrama Australia Perth Campus towards accreditation.

For further information about psychodrama and training please visit frequently asked questions (FAQs) at www.psychodramaaustralia.edu.au

Psychodrama Australia – Perth Campus

Psychodrama Training Course Outline – Perth Campus – 2024

Semester 1 – February – June

Core	What	When		Tr/Hrs	Cost	
	<i>Introduction To Training – all new and current trainees</i>	FEB: Sat 10th 1:00-4:00pm	Meet the Elders All Trainees are invited to meet with Lynette Clayton and Susanna Howlett – mutual engagement. All Beginner, Intermediate and Advanced Trainees are invited to attend. We will also spend a short time highlighting aspects of the Training Program, Assignments, Ethics, Training Agreement etc	3	\$25	
	Open Night	FEB: Mon 12th 6-9pm	Open Night Psychodrama Session Interested in psychodrama? Join us for this introductory session to experience psychodrama and learn about its basis in creativity and spontaneity. <i>at 99 Loftus Street, Leederville</i>	3	\$25	
	<i>Special Psychodrama Experiential Workshop</i>	FEB: Sat 17 th 1pm – 6pm	Gathering the learning and warmup to the new year Special Year Starter for Trainees and those who have been to Psychodrama. What is in our backpack that serves us for the journey? How do we make it not too heavy, not too light, but just right!	5	\$125	
	OPEN Psychodrama Workshop	MAR: Sat 2 nd 9:30-4:00	Open Workshop - Psychodrama Introduction – an experiential workshop. You are invited to an introduction to psychodrama. There will be an opportunity to experience it in action and to explore ways you can apply it. Theory questions are welcome. You can expect to tap into your creativity and enhance spontaneity and creativity in your life and work.	6.5	\$300	
1	TRAINING WEEKEND WORKSHOP	MAR: Sat 16 th 9:30-5:00pm; Sun 17 th 9:30-4:00pm Psychodrama Method and Moreno’s Philosophy		13	\$350	
		Learning Outcomes: Introducing Moreno’s philosophy and approach to life and human development: <ol style="list-style-type: none"> 1. Role theory related to infant development and implications for adult growth 2. Morenian concepts of spontaneity, creativity, mutuality and tele. 3. Understand Social & cultural atom – as the inter, intra & interactive system of roles 4. Identify key aspects of sociometry and social dynamics 				
	<i>TRAINING - Processing</i>	<i>Tues MAR 19th 6-9pm</i> <i>For intermediate/Advanced – Processing, supervision, writing –</i> <i>at 99 Loftus Street, Leederville</i>		3	\$50	

2	TRAINING WEEKEND WORKSHOP	APR Sat 20th 9:30-5:00pm; Sun 21st 9:30-4:00pm Role Theory and Roles of Director, Auxiliary, Group leader	13	\$350
		Learning Outcomes: <ol style="list-style-type: none"> 1. Personality as a system of roles – psychosomatic, psychodramatic & social roles; counter-roles, complementary and reciprocal roles. 2. Develop understanding of tele in relating, explore choices; identify criteria; psychetelic and sociotelic choices. 3. Identify role conflicts- introduce social atom repair 4. Understand mapping role development over time 		
	TRAINING - Processing	Mon 22nd APR 6-9pm – For intermediate/Advanced – Processing, supervision, writing at 99 Loftus Street, Leederville	3	\$50
3	TRAINING WEEKEND WORKSHOP	MAY Sat 18th 9:30am - 5:00; Sun 19th 9:30am - 4:00pm Exploring Family, social & Cultural Systems	13	\$350
		Learning Outcomes: <ol style="list-style-type: none"> 1. Systems Theory applied to the social sciences 2. Family systems – particular dynamics and exploring health in the system 3. Larger social systems and the impact on family, organisational systems 4. open and closed systems 		
	TRAINING - Processing	Tues May 21st 6-9pm – For intermediate/Advanced – Processing, supervision, writing at 99 Loftus Street, Leederville	3	\$50
4	TRAINING WEEKEND WORKSHOP	JUNE Sat 15th 9:30am - 5:00pm; Sun 16th 9:30am-4:00pm Sociometry - Our Relational World	13	\$350
		<ol style="list-style-type: none"> 1. Sociometric view of the structure of a system – inclusions/exclusions; 2. Basic elements of sociometry; tele, networks, star, leader, isolate, rejectee, dyad, triangle. Identify application as group leader and group member. 3. Sociometric questions, investigations, measures e.g., continuum, diamond of opposites 4. Conduct a sociometric measure – developing criteria and explore response 		
	Directing Practice – and Processing	JUNE Mon 24th 6-9pm: Directing Practice and Session Processing for Trainees	3	\$50
Semester 2 – July –Dec				
Core	What	When	Tr/hrs	cost
	Open Workshop	July Sat 6th, 9:30-4:00pm; Psychodrama: Applied Creativity in Life and Work See Website for details after Feb.	6.5	\$300
5	TRAINING WEEKEND WORKSHOP	JULY Sat 20th 9:30-5:00pm; Sun 21st 9:30- 4:00pm Sociodrama –identifying and actioning key interventions When to use Sociodrama; Using Psychodrama and Role Training in sociodrama And a processing time for the same day – later on Sunday	13	\$350
	TRAINING - Processing	Sun 21st 4:30-5:45pm – For intermediate/Advanced – Processing, supervision, writing (Trainers away from Mon 22nd - Trainers Forum in Melbourne for the week)	3	\$50

6	TRAINING WEEKEND WORKSHOP	AUGUST Sat 17th 9:15am - 5:15; Sun 18th 9:15am - 4:15pm Group Work – a key to psychodrama and healing 1. Focus on Group work leadership – “the group is part of the healing” – models of group work. 2. Understand development of group-warmup and quality of group interaction, 3. Development or not of intergroup connections, moments of shifts in group sociometry, group dynamics. Individual responses – links with own learning edge in Groupwork or directing.		13	\$350
	TRAINING - Processing	TUES Aug 20th 6-9pm – For intermediate/Advanced – Processing, supervision, writing at 99 Loftus Street, Leederville		3	\$50
	OPEN Night	Aug Fri 23 rd 6-9pm		3	\$25
	Open Workshop	SEPTEMBER Sat 7 th 9:30 – 4:30pm Psychodrama: Applied Creativity in Life and Work See Website for details		6.5	\$300
7	TRAINING Visiting Trainer – Diz Synnot	SEPTEMBER Sat 21 st 9:30- 5pm; Sun 22 nd 9:30-4pm Workshop content to be advised.		13	\$350
	TRAINING - Processing	MON Sept 23rd 6-9pm – For intermediate/Advanced – Processing, supervision, writing at 99 Loftus Street, Leederville		3	\$50
	4-day intensive EXPERIENTIAL AND TRAINING With Claire Guy and Helen Phelan	OCTOBER Fri 18 th , Sat 19 st ; Sun 20 th and Mon 21 st Planned times, subject to change closer to the time. Fri 5-9pm, other days 9:30-4:30 Includes Directing practice sessions, processing, writing, and reflection session and Group work Leadership. at Royal Park, Cnr Loftus and Charles Street, Leederville		25	\$500
	Processing	Tues Oct 29th 6-9pm – For intermediate/Advanced – Processing, supervision, writing – Certification Preparation at 99 Loftus Street, Leederville		3	\$50
	Open WEEKEND WORKSHOP	NOVEMBER Sat 16th 9:30am - 5:00; Sun 17th 9:30am – 4:00pm Psychodrama Application - Applying psychodrama in you own work settings. - Integration of learning– exploring the different levels of integration - Celebrating learning, growth and role development.		13	\$350
	End of Year Get-together	DECEMBER	Date to be decided	3	\$25

VENUE will be : Lesser Hall, North Perth, 22 View Street, North Perth, WA 6006 unless indicated.

Tea and Coffee Provided, also snacks. Lunches – bring food to share or access local coffee, food and supermarket nearby.

Training Application and Commitments.

Applications for Enrolment are now open and each applicant will be required to complete an interview before confirmation of enrolment. Each Trainee will be required to have a negotiated and signed Training Agreement.

Please contact Helen Phelan: M 0407 225 116 or Kevin Franklin: M 0478 641 763,
hjphelan@inet.net.au, kevfrank@westnet.com.au

<p>TOTAL HRS</p> <p>CORE TRAINING HRS 112</p>	<p>FEES</p> <p>Core Training for Beginning, Intermediate and Advanced Trainees Enrolled Trainees are asked to commit to the Training Introduction evening and all 7 core TRAINING workshops. \$2,450 Plus – for Intermediate/Advanced Trainees Special post Training Workshop Processing/Writing 7 Sessions : \$ 350</p> <p>Total Full Year Core Training for Intermed/Advanced Full year Total \$2,800 Discount of Full Year if Paid before <u>1 March</u> \$2,600. Contact Helen for Other Discounts or payment plans to be applied for and paid/first <u>payment</u> before <u>1 March</u>.</p> <p>All applicants are required to have an interview before attending TRAINING. All Trainees will be required to complete a Training Agreement including a commitment to Supervision. This is a requirement by Psychodrama Australia.</p> <p>Trainees can choose to attend individual TRAINING workshops – Commitment and Payment at least two weeks before each workshop.</p> <p>Experiential/Open workshops and the 4-day Intensive to be paid separately Casual participants eligible to attend individual Core Training workshops may pay for individual workshops -Commitment to Attend and <u>Payment to be received 14 days before each Workshop</u></p> <p>Please look for updates on the Psychodrama Australia website from Feb on. www.psychodramaustralia.edu.au</p>
<p>“Open” Experiential Workshops</p> <p>FEES Pay to:</p>	<p>“Open” Experiential Development Workshops.</p> <p>The workshops will be open to folks new to psychodrama or who wish to attend on a casual basis. Trainees are encouraged to attend these workshops, and costs will be the same for all attendees. Trainees attending will earn training hours for attendance. These workshops will usually offer a specific focus of an aspect of personal and professional development and Trainees will have the opportunity to Direct and practice aspects under the supervision of the visiting trainer. Costs of each workshop will be advertised – approx. \$300 for one day.</p> <p>Open Nights \$25 per session and Supervised Directing Practice Session - \$50 Open night will be open to the public and Trainees invited to attend.</p> <p>Psychodrama Australia Perth Campus (ABN 53163084151) BSB: 036041 Acct No: 284884 Please Include your name on the payment and notify Kevin when payment is made, Thank you.</p>

POLICIES

Enrolment Policy	Enrolment requires written application With Name, contact details and payment.
	Enrolment is Confirmed on Payment of Fee at least 14 days before the event date.
	Places cannot be guaranteed unless enrolment confirmed.
Payment Policy	Payments made to: Psychodrama Australia Perth Campus (ABN 53163084151) BSB: 036041 Acct No: 284884
	Payment to include name, event name and date, and notification sent to Kevin Franklin.
	Payments must be paid two weeks before the start day of a workshop.
	Any concerns or requests for discount fees must be made direct to the trainers as early as possible.
Refund Policy	Full Refund only available if trainers notified at least 2 weeks before the event.
	Otherwise, Partial Refund minus admin fee of 15%
	Refunds on Compassionate grounds are at the discretion of Perth Campus staff.

Perth Campus

Perth Campus (PC) is the Regional Western Australian learning and training campus for Psychodrama Australia (PA) which is Accredited by the Australian and Aotearoa New Zealand Psychodrama Association (AANZPA.) Board of Examiners to undertake training level articulated in the AANZPA Training & Standards Manual.

Director of Training: Dr Kevin Franklin; BA, BPsych, PhD, B Psych, BA Dip Ed. (Reg. clinical psychologist & psychotherapist), Member, AANZPA Inc. **Qualified Practicing Psychodramatist & Trainer Educator Practitioner**

Contact: M: 0478 641 763, Email: kevfrank@westnet.com.au

Trainers

Qualified Practitioner, Sociometrist & TEPit - Helen Phelan; MA (Human Rights), Grad Dip Counselling (ECU), Grad Dip Business, Personal & Professional Coach & Group-work Leader; Member AANZPA Inc., Member ICF

Contact: M: 0407 225 116, Email: hjphelan@iinet.net.au